

Patient Instructions

Collect one or more specimens at the time(s) specified by your physician. Use a new Salivette® for each collection.

- Usual collection time is a late-night sample (10 p.m. – midnight) based on clinical guidelines. The lab also provides reference ranges for morning (between 6 – 10 a.m.) and/or afternoon (between 4 – 8 p.m.) collections if necessary.
 - Collect saliva no earlier than 30 minutes after eating, drinking or oral intake of drugs. In the morning, collect prior to brushing teeth.
1. After washing your hands, remove the sterile cotton wool swab (b) from the suspended insert (c) of the Salivette®. Gently chew the cotton wool swab for 30-45 seconds, allowing it to absorb your saliva.
 2. Return the saturated swab (b) to the suspended insert (c) and close the Salivette® firmly with the stopper (a).
 3. Label the centrifuge vessel (d) with patient name, date of birth, collection date and collection time.
 4. Return the Salivette® to your doctor or the lab. If it is not possible to return it immediately after use, or if you have to collect several saliva samples, you should keep the used, labeled Salivettes® in the fridge.

Important Notes

- Accurate and complete labeling is very important; failure to do so will cause sample rejection and re-collection will be required.
- Do not use this product for children under the age of 3 or patients with increased risk of swallowing.
- Do not use past the expiry date (yyyy-mm) indicated on the Salivette® label.

Laboratory Instructions

- Reject samples with obvious signs of blood from bleeding gums.
- Centrifuge the Salivette® in its' entirety, in order to extract all of the saliva from the swab (b) in the suspended insert (c). The saliva will pass through a hole in the bottom of the suspended insert (c) into the centrifuge vessel (d).
- Discard the swab (b) and the suspended insert (c) and recap the Salivette® firmly with the stopper (a).
- Store and send frozen. If the specimen thaws it is unsuitable for analysis.

