

**PATIENT INFORMATION**

 Sample Patient  
 DOB: 00/00/0000

REQUISITION ID: 000000

# **IgG ELISA 204 Food Panel**

SPECIMEN TYPE: Serum

**PROVIDER INFORMATION**

 Sample Provider  
 Street Address  
 City, State 00000


COLLECTION DATE: 00/00/0000

REPORT DATE: 00/00/0000

| TEST                        | SCORE | CLASS | TEST                         | SCORE | CLASS | TEST                        | SCORE | CLASS | TEST                             | SCORE | CLASS |
|-----------------------------|-------|-------|------------------------------|-------|-------|-----------------------------|-------|-------|----------------------------------|-------|-------|
| <b>MEAT &amp; POULTRY</b>   |       |       | <b>GRAINS &amp; STARCHES</b> |       |       | <b>DAIRY &amp; EGG</b>      |       |       | <b>NUTS, SEEDS &amp; OILS</b>    |       |       |
| Beef                        | 0.148 | 0     | Amaranth                     | 0.166 | 0     | Blue Cheese                 | 0.158 | 0     | Almond                           | 0.265 | 1     |
| Buffalo                     | 0.135 | 0     | Arrowroot                    | 0.136 | 0     | Casein                      | 0.481 | 3     | Brazil Nut                       | 0.154 | 0     |
| Chicken                     | 0.158 | 0     | Barley                       | 0.175 | 0     | Cheddar Cheese              | 0.449 | 3     | Canola                           | 0.139 | 0     |
| Duck                        | 0.143 | 0     | Bran                         | 0.182 | 0     | Egg, White                  | 0.318 | 2     | Cashew                           | 0.303 | 2     |
| Duck egg                    | 0.188 | 0     | Buckwheat                    | 0.162 | 0     | Egg, Yolk                   | 0.364 | 2     | Chestnut                         | 0.226 | 1     |
| Goose                       | 0.136 | 0     | Corn                         | 0.139 | 0     | Milk, Cow's                 | 0.494 | 3     | Chia Seed                        | 0.160 | 0     |
| Lamb                        | 0.137 | 0     | Gluten                       | 0.188 | 0     | Milk, Goat's                | 0.452 | 3     | Cola                             | 0.157 | 0     |
| Pork                        | 0.136 | 0     | Hops                         | 0.137 | 0     | Milk, Sheep's               | 0.313 | 2     | Flaxseed                         | 0.149 | 0     |
| Turkey                      | 0.133 | 0     | Malt                         | 0.182 | 0     | Mozzarella Cheese           | 0.390 | 2     | Hazelnut                         | 0.170 | 0     |
| Venison                     | 0.136 | 0     | Millet                       | 0.155 | 0     | Swiss Cheese                | 0.333 | 2     | Hemp                             | 0.288 | 1     |
| <b>FISH &amp; SHELLFISH</b> |       |       | Oats                         | 0.143 | 0     | Whey                        | 0.299 | 1     | Macadamia Nut                    | 0.168 | 0     |
| Abalone                     | 0.162 | 0     | Quinoa                       | 0.173 | 0     | Yogurt                      | 0.291 | 1     | Pecan                            | 0.143 | 0     |
| Anchovy                     | 0.140 | 0     | Rice                         | 0.151 | 0     | <b>FRUITS</b>               |       |       | Pine Nut                         | 0.160 | 0     |
| Bass                        | 0.146 | 0     | Rye                          | 0.181 | 0     | Apple                       | 0.290 | 1     | Pistachio                        | 0.403 | 3     |
| Bonito                      | 0.141 | 0     | Sorghum                      | 0.146 | 0     | Apricot                     | 0.138 | 0     | Poppy Seed                       | 0.205 | 1     |
| Clam                        | 0.159 | 0     | Tapioca                      | 0.134 | 0     | Avocado                     | 0.137 | 0     | Safflower                        | 0.269 | 1     |
| Codfish                     | 0.131 | 0     | Teff                         | 0.144 | 0     | Banana                      | 0.139 | 0     | Sesame                           | 0.183 | 0     |
| Crab                        | 0.197 | 0     | Wheat                        | 0.183 | 0     | Blackberry                  | 0.127 | 0     | Sunflower Seed                   | 0.149 | 0     |
| Cuttlefish                  | 0.156 | 0     | <b>VEGETABLES</b>            |       |       | Blueberry                   | 0.144 | 0     | Walnut                           | 0.161 | 0     |
| Eel                         | 0.146 | 0     | Artichoke                    | 0.145 | 0     | Cantaloupe                  | 0.145 | 0     | <b>HERBS, SPICES, FLAVORINGS</b> |       |       |
| Flounder                    | 0.223 | 1     | Asparagus                    | 0.148 | 0     | Cherry                      | 0.146 | 0     | Basil                            | 0.142 | 0     |
| Haddock                     | 0.142 | 0     | Bamboo shoots                | 0.140 | 0     | Coconut                     | 0.154 | 0     | Black Pepper                     | 0.143 | 0     |
| Halibut                     | 0.145 | 0     | Beets                        | 0.130 | 0     | Cranberry                   | 0.148 | 0     | Cinnamon                         | 0.148 | 0     |
| Herring                     | 0.161 | 0     | Bell Pepper                  | 0.144 | 0     | Date                        | 0.141 | 0     | Cloves                           | 0.147 | 0     |
| Lobster                     | 0.145 | 0     | Bitter gourd                 | 0.140 | 0     | Dragon fruit                | 0.190 | 0     | Coriander                        | 0.200 | 1     |
| Mackerel                    | 0.153 | 0     | Broccoli                     | 0.134 | 0     | Fig                         | 0.147 | 0     | Dill                             | 0.136 | 0     |
| Mussel                      | 0.161 | 0     | Brussel Sprouts              | 0.153 | 0     | Grape                       | 0.135 | 0     | Fennel Seed                      | 0.141 | 0     |
| Oyster                      | 0.157 | 0     | Cabbage                      | 0.151 | 0     | Grapefruit                  | 0.135 | 0     | Ginger                           | 0.161 | 0     |
| Perch                       | 0.145 | 0     | Carrot                       | 0.137 | 0     | Guava                       | 0.137 | 0     | Ginseng                          | 0.156 | 0     |
| Red Snapper                 | 0.153 | 0     | Cauliflower                  | 0.143 | 0     | Honeydew                    | 0.140 | 0     | Horseradish                      | 0.147 | 0     |
| Salmon                      | 0.152 | 0     | Celery                       | 0.131 | 0     | Kiwi                        | 0.158 | 0     | Licorice                         | 0.153 | 0     |
| Scallop                     | 0.139 | 0     | Cucumber                     | 0.138 | 0     | Lemon                       | 0.139 | 0     | Mustard                          | 0.151 | 0     |
| Shrimp                      | 0.153 | 0     | Daikon                       | 0.142 | 0     | Lime                        | 0.141 | 0     | Nutmeg                           | 0.160 | 0     |
| Sole                        | 0.132 | 0     | Eggplant                     | 0.135 | 0     | Mango                       | 0.140 | 0     | Oregano                          | 0.147 | 0     |
| Squid                       | 0.153 | 0     | Garlic                       | 0.147 | 0     | Orange                      | 0.136 | 0     | Paprika                          | 0.150 | 0     |
| Swordfish                   | 0.164 | 0     | Green Bean                   | 0.176 | 0     | Papaya                      | 0.146 | 0     | Parsley                          | 0.141 | 0     |
| Trout                       | 0.153 | 0     | Kale                         | 0.132 | 0     | Peach                       | 0.129 | 0     | Pepper, chili                    | 0.175 | 0     |
| Tuna                        | 0.143 | 0     | Kelp                         | 0.138 | 0     | Pear                        | 0.130 | 0     | Peppermint                       | 0.156 | 0     |
| Walleye Pike                | 0.135 | 0     | Leeks                        | 0.147 | 0     | Pineapple                   | 0.151 | 0     | Rosemary                         | 0.160 | 0     |
| <b>LEGUMES &amp; PULSES</b> |       |       | Lettuce                      | 0.145 | 0     | Plum                        | 0.134 | 0     | Sage                             | 0.156 | 0     |
| Adzuki bean                 | 0.171 | 0     | Mushroom                     | 0.143 | 0     | Raspberry                   | 0.134 | 0     | Tarragon                         | 0.129 | 0     |
| Bean sprouts                | 0.148 | 0     | Okra                         | 0.142 | 0     | Rhubarb                     | 0.139 | 0     | Thyme                            | 0.144 | 0     |
| Bean, mung                  | 0.176 | 0     | Olive, Green                 | 0.129 | 0     | Strawberry                  | 0.127 | 0     | Turmeric                         | 0.166 | 0     |
| Black Bean                  | 0.239 | 1     | Onion                        | 0.140 | 0     | Tangerine                   | 0.141 | 0     | Vanilla Bean                     | 0.145 | 0     |
| Black-eyed Peas             | 0.156 | 0     | Parsnip                      | 0.138 | 0     | Watermelon                  | 0.171 | 0     | Woo-hsiang                       | 0.159 | 0     |
| Chickpea                    | 0.152 | 0     | Potato                       | 0.144 | 0     | <b>BEVERAGES &amp; MISC</b> |       |       |                                  |       |       |
| Green Pea                   | 0.155 | 0     | Potato, Sweet                | 0.140 | 0     | Black Tea                   | 0.139 | 0     |                                  |       |       |
| Kidney Bean                 | 0.241 | 1     | Pumpkin                      | 0.141 | 0     | Carob                       | 0.142 | 0     |                                  |       |       |
| Lentil                      | 0.164 | 0     | Radish                       | 0.155 | 0     | Cocoa                       | 0.135 | 0     |                                  |       |       |
| Lima Bean                   | 0.131 | 0     | Spinach                      | 0.138 | 0     | Coffee                      | 0.151 | 0     |                                  |       |       |
| Navy Bean                   | 0.198 | 0     | Squash                       | 0.133 | 0     | Green Tea                   | 0.159 | 0     |                                  |       |       |
| Peanut                      | 0.257 | 1     | Taro                         | 0.145 | 0     | Honey                       | 0.133 | 0     |                                  |       |       |
| Pinto Bean                  | 0.268 | 1     | Tomato                       | 0.134 | 0     | Tea, oolong                 | 0.148 | 0     |                                  |       |       |
| Soybean                     | 0.237 | 1     | Turnip                       | 0.155 | 0     | Yeast, Baker's              | 0.147 | 0     |                                  |       |       |
|                             |       |       | Veg sponge                   | 0.149 | 0     | Yeast, Brewer's             | 0.190 | 0     |                                  |       |       |
|                             |       |       | Zucchini                     | 0.144 | 0     |                             |       |       |                                  |       |       |

**Reference Range**

|                                               |                                                     |                                                          |                                                 |
|-----------------------------------------------|-----------------------------------------------------|----------------------------------------------------------|-------------------------------------------------|
| <= 0.199 = CLASS 0<br>No Sensitivity Detected | 0.200 - 0.299 = CLASS 1<br>Low Sensitivity Detected | 0.300 - 0.399 = CLASS 2<br>Moderate Sensitivity Detected | >= 0.400 = CLASS 3<br>High Sensitivity Detected |
|-----------------------------------------------|-----------------------------------------------------|----------------------------------------------------------|-------------------------------------------------|

Testing performed by Alletess Medical Laboratory

Note: 0.185 - 0.215 should be considered equivocal

Laboratory Director: Dana Semmel, MD

This test was developed, and its performance characteristics determined by alletess, inc. It has not been cleared or approved by the FDA. FDA clearance is not necessary for clinical use of this test. The test results should be correlated with clinical findings.

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Sample Patient  
DOB: 00/00/0000

REQUISITION ID: 000000

**PROVIDER INFORMATION**

Sample Provider  
Street Address  
City, State 00000



**IgG ELISA 204 Food Panel**

SPECIMEN TYPE: Serum

COLLECTION DATE: 00/00/0000

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**>= 0.400 = CLASS 3**

**HIGH SENSITIVITY DETECTED**

Casein Cheddar Cheese Milk, Cow's Milk, Goat's Pistachio

**0.300 - 0.399 = CLASS 2**

**MODERATE SENSITIVITY DETECTED**

Cashew Egg, White Egg, Yolk Milk, Sheep's Mozzarella Cheese  
Swiss Cheese

**0.200 - 0.299 = CLASS 1**

**LOW SENSITIVITY DETECTED**

Almond Apple Black Bean Chestnut Coriander  
Flounder Hemp Kidney Bean Peanut Pinto Bean  
Poppy Seed Safflower Soybean Whey Yogurt

**Reference Range**

|                                               |                                                     |                                                          |                                                 |
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