### PRECISION POINT P88-DIY Dietary Antigen Test - DIAGNOSTICS — 9 Dunwoody Park, Suite 121 Dunwoody, GA 30338 P: 678-736-6374 F: 770-674-1701

Email: info@precisionpointdiagnostics.com www.precisionpointdiagnostics.com

#### **PATIENT INFO**

NAME: Testing Sample2 REQUISITION ID: DIY2311080014 DOB: 1/16/1965 SAMPLE DATE: 11/03/2023 RECEIVE DATE: 11/08/2023 DRAFT DATE: 2/26/2024

A Targeted Approach to Wellness



#### **CLINIC INFO**

**Testing Clinic** 

ADDRESS: Testing TESTING, Sample 11111

PHONE: 1234567890 FAX: 0

#### **Patient Report: Summary**

		ALLERGY		SENSITIVITY			
DIETARY ANTIGEN	lgE	lgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d		
Almond	LOW	LOW		LOW	LOW		
Apple	LOW	MODERATE	YES		LOW		
Asparagus	LOW	LOW		LOW	LOW		
Aspergillus Mix	LOW	MODERATE	YES		LOW		
Avocado	LOW	MODERATE	YES	LOW	MODERATE		
Banana	LOW	MODERATE	YES				
Barley	LOW	LOW	YES	LOW	LOW		
Beef	LOW	LOW	YES	MODERATE	LOW		
Black Pepper	LOW	MODERATE	YES	LOW	LOW		
Blueberry	LOW	LOW		LOW	LOW		
Brewer's Yeast	LOW	MODERATE	YES		LOW		
Broccoli	LOW	MODERATE	YES	LOW	LOW		
Cabbage	LOW	MODERATE					
Сасао	LOW	MODERATE	YES	LOW			
Candida	LOW	MODERATE	YES	MODERATE	LOW		
Cantaloupe	LOW	LOW		LOW	LOW		
Carrot	LOW	LOW			LOW		
Casein		LOW	YES	LOW			
Cashew	LOW	LOW	YES		MODERATE		
Cauliflower	MODERATE	HIGH		LOW	LOW		
Celery	LOW	LOW			LOW		
Cherry		LOW			LOW		
Chicken		MODERATE	YES				
Cinnamon	HIGH	HIGH			LOW		
Clam	LOW	LOW		LOW	LOW		
Coconut	LOW	MODERATE	YES				
Codfish	LOW	LOW		LOW	LOW		
Coffee	LOW	LOW			LOW		
Corn	LOW	LOW		LOW			
Cottonseed		LOW					
Cow's Milk		LOW	YES		LOW		
Crab		LOW					
Cucumber	LOW	LOW	YES				
Egg Albumin	LOW	LOW	YES	LOW	LOW		
Egg Yolk	LOW	LOW		LOW	LOW		
English Walnut	LOW	LOW		LOW	LOW		
Flax Seed		LOW					
Flounder	LOW			LOW			

**REQUISITION ID:** 

DIY2311080014 DRAFT DATE:

2/26/2024

#### **Patient Report: Summary**

		ALLERGY		SENSITIVITY		
DIETARY ANTIGEN		IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d	
Garlic	LOW	LOW	YES			
Ginger	LOW	LOW		LOW	LOW	
Gluten	LOW	LOW	YES	LOW	LOW	
Goat's Milk	LOW	LOW	YES	HIGH	LOW	
Grapefruit	LOW	LOW	YES			
Grapes		LOW				
Green Olive	LOW	MODERATE	YES			
Green Pea	LOW	LOW		LOW	LOW	
Green Pepper	LOW					
Halibut	LOW	LOW		LOW		
Honeydew						
Hops	LOW			LOW		
Kidney Bean	LOW	HIGH	YES	LOW		
Lemon	2011	LOW		2011		
Lettuce		LOW	YES			
Lima Bean	LOW	LOW	123		LOW	
Lobster	LOW	LOW			HIGH	
	LUW	LUW	<del> </del>			
Mushroom	1014		1/50	1011	LOW	
Mustard	LOW	LOW	YES	LOW		
Navy Bean	LOW	HIGH	YES	LOW		
Oat		LOW	YES			
Onion		LOW				
Orange	LOW	LOW	YES		MODERATE	
Peach	LOW	LOW			LOW	
Peanut	LOW	LOW		LOW		
Pear						
Pecan						
Pineapple						
Plum		LOW		LOW	LOW	
Pork	LOW	LOW		LOW		
Rice	LOW	LOW			LOW	
Rye	LOW					
Salmon						
Scallops		LOW			MODERATE	
Sesame					LOW	
Shrimp		LOW			LOW	
Soybean	MODERATE	MODERATE		MODERATE	LOW	
Spinach	LOW			LOW	1011	
Strawberry	LOW					
String Bean	LOW	HIGH	YES	LOW	LOW	
Sweet Potato	LOW	LOW			LOW	
Ŧ	LOW	2000	<del>       </del>	LOW	1.011/	
Tea Tomato	LOW	LOW	YES		LOW	
	LOW	LOW	169		LOW	
Tuna	LOW	LOW			LOW	
Turkey	LOW		<del> </del>	10184	LOW	
Vanilla		LOW	<del> </del>	LOW		
Watermelon	LOW	1014/	\/FC		1014	
White Potato	1011	LOW	YES		LOW	
Whole Wheat	LOW	LOW	<del></del>		1011	
Yellow Squash	LOW				LOW	
Referen	ce Range	High	Medium	Low	Normal	
	Prevalence	> 90%	> = 50-90%	> 10-50%	< 10%	
	Prevalence	> 95%	> =75-95%	> 10-75%	< 10%	
		rson is compared to population d				
		have a reaction to including dairy		hellfish tree nuts and eggs		
IICIEdseu Pievaie						

\* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 6-12.

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted

#### **Patient Report: Less Restrictive Diet**

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods

Rotate: Moderate IgG with High, Moderate, or Low Complement

**Eliminate (IgG4)**: Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information) \* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMI	ITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce within your syst		These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Almond	Hops	Beef	Cinnamon	Cauliflower
Apple	Lemon	Candida	Goat's Milk	Cinnamon
Asparagus	Lettuce	Soybean		Kidney Bean
Aspergillus Mix	Lima Bean			Navy Bean
Avocado	Lobster			String Bean
Banana	Mushroom			
Barley	Mustard			
Black Pepper	Oat			
Blueberry	Onion			
Brewer's Yeast	Orange			
Broccoli	Peach			
Cabbage	Peanut			
Cacao	Pear			
Cantaloupe	Pecan			
Carrot	Pineapple			
Casein	Plum			
Cashew	Pork			
Celery	Rice			
Cherry	Rye			
Chicken	Salmon			
Clam	Scallops			
Coconut	Sesame			
Codfish	Shrimp			
Coffee	Spinach			
Corn	Strawberry			
Cottonseed	Sweet Potato			
Cow's Milk	Tea			
Cow s Milk	Tomato			
Cucumber	Tuna			
Egg Albumin	Turkey			
Egg Yolk	Vanilla			
English Walnut	Watermelon			
Flax Seed	White Potato			
Flounder	Whole Wheat			
Garlic	Yellow Squash			
Ginger				
Gluten				
Grapefruit				
Grapes				
Green Olive				
Green Pea				
Green Pepper				
Halibut				
Honeydew				

L4 DRAFT DATE:

2/26/2024

#### **Patient Report: More Restrictive Diet**

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

\* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG

reactivity.

These loads produce no immune reaction within your system at this time.   diet for a period of 72 hrs or reduced in overall intake.   Remove these toods entrely from your diet.   Pr     Carrot   Tomato   Almond   Asparagus   Barley   Beef   Candida   Asparagus     Cashew   Turkey   Barley   Black Pepper   Barley   Barley   Candida   Asparagus     Cotronseed   Yellow Squash   Barley   Black Pepper   Barley   Candida   Cautiflower   Asparagus     Cotronseed   Yellow Squash   Codfish   Cod   Cod   Cod   Codified   Grapefruit   Grapefruit   Graper   Gluten   Codified	ELIMINATE (IgG4)	
CaseinTunaAsparagusCandidaAsparagusCashewTurkeyAxocadoCauliflowerAsparagusCalifloweryWatermetonBlack PepperCauliflowerAsparagusCoffeeWhite PotatoBlack PepperGoat's MilkBlackCornWhole WheatBrocoliSoybeanBrecoliCornWhole WheatBrocoliCortanuopeCortanuopeCornWhole WheatBrocoliCortanuopeCortanuopeCorw SMilkCantaloupeCortanuopeCortanuopeCortanuopeCorumberEgg AlbuminCamCortanuopeCortanuopeCauliformerEgg AlbuminCanCortanuopeCortanuopeGarlicGingerGingerCortanuopeCortanuopeGrapesGreen PepperPlumNaString BeanString BeanHoneydewTeaString BeanString BeanString BeanLobsterLobsterString BeanString BeanString BeanMushroomString BeanString BeanString BeanString BeanLobsterString BeanString BeanString BeanString BeanPeachSandonString BeanString BeanString BeanLobsterSandonString BeanString BeanString BeanPearnPearnString BeanString BeanString BeanPearnPearnString BeanString BeanString BeanPearnPearnString BeanString Be	move at ovider's iscretion	
CashewTurkeyAvocadoCauilflowerA CauifflowerA A CanamonA CauifflowerA CauifflowerA CauifflowerA CauifflowerA CanamonA Ca CanamonA Ca CanamonA Ca CanamonA Ca 	Apple	
CeleryVanillaBarleyCinnamonECherryWatermelonBlack PepperGoar's MilkBlackCorreWhole WheatBroccoliSoybeanBreccoliCours MilkCantaloupeCCCow's MilkCantaloupeCCCow's MilkCodfishCCCucumberEgg YolkCCFlounderEgg YolkCCGrapefruitGiutenCCGrapesGreen PeaKidCGrapesGreen PeaKidString BeanString BeanLemonLettuceIFraString BeanString BeanLemonLettuceIFraString BeanString BeanNushroomGorangeFeanFeanString BeanString BeanNushroomGorangeFeanFeanString BeanString BeanLettuceLima BeanIIIIOtarPeantIIIIPeantPeantIIIIPeantPeantIIIIPeantFeanIIIIPeraPeantIIIIPorkRiceIIIIRiceIIIIIRiceIIIIIRiceIIIIIRice <tdi< td="">II</tdi<>	ergillus Mix	
CherryWatermelonBlack PepperGoat's MilkBlackCoffeeWhite PotatoBlueberrySoybeanBrevCornWhole WheatBroccoliSoybeanBrevCottonseedYellow SquashCantaloupeCCCrabCamCCCrabCoffishCCCucumberEgg YolkCCFlounderEgg YolkCCGarlicGingerGingerGrapefruitGlutenGraperGrapesGreen PepaPlumHalibutString BeanString BeanLemonLima BeanString BeanLobsterMustradString BeanMustradOatString BeanOnionGatString BeanPeachPeantString BeanPeantPeantString BeanPeantFeantString BeanPeantString BeanString BeanMustradString BeanString BeanPeantString BeanString BeanProtikString BeanString BeanPork<	vocado	
CoffeeWhite PotatoBlueberrySoybeanBrewCornWhole WheatBroccoliB	Banana	
CoffeeWhite PotatoBlueberrySoybeanBrewCornWhole WheatBroccoliB	ck Pepper	
CottonseedYellow SquashCantaloupeClamCow's MilkClamCantaloupeCCrabCoffishCCuumberEgg AlbuminCaFlax SeedEgg YolkCGarlicGingerCGarlicGingerCGrapefruitGlutenG'GrapefruitGlutenG'GrapefruitGreen PeaKidHoneydewTeaS'LemonTeaS'LettuceIS'Luma BeanIS'LobsterIIMustardIIOrionIIOrionIIPeachPeanutIPeanutIPineappleIPineappleIRyeIRyeI	wer's Yeast	
Cow's MilkClamCrabCodfishCucumberEgg AlbuminFlax SeedEgg YolkFlounderEnglish WalnutGarlicGingerGrapefruitGlutenGrapesGreen PeaKiddString BeanHoneydewTeaLemonString BeanLemonString BeanLutuceImage SingerLumonString BeanCobsterString BeanMushroomString BeanMushroomString BeanPeanutString BeanPeanutString BeanPilmappleString BeanPeanutString BeanPilmappleString BeanString Bean<	Broccoli	
CrabCodfishCodfishCucumberEgg AbuminCaFlax SeedEgg YolkCaFlounderEnglish WalnutCaGarlicGingerCaGarleGlutenGarlGrapesGreen PeaKiddGreen PeperPlumNaHallbutString BeanString BeanLemonTeaString BeanLemonLettuceString BeanLettuceString BeanString BeanJobsterString BeanString BeanQoatString BeanString BeanLemonString BeanString BeanLemonString BeanString BeanLemonString BeanString BeanLemonString BeanString BeanLemonString BeanString BeanLemonString BeanString BeanLobsterString BeanString BeanMustroomString BeanString BeanDotionString BeanString BeanPeachString BeanString BeanPeanutString BeanString BeanPork	abbage	
CucumberEgg AlbuminCaFlax SeedEgg YolkCaFlounderEnglish WalnutCaGarlicGingerCaGrapefruitGlutenCaGrapesGreen PeaKidGreen PepperPlumNaHalibutString BeanStHoneydewTeaStLemonLettuceStLettuceString BeanStLuttaceStStMustardStStOatStStOrangeStStPeanutSaSaPeantSaSaPecanSaSaPorkSaSaRiceSaSaRiceSaSaRiceSaSaRiceSaSaRiceSaSaRiceSaSaRiceSa<	Cacao	
Flax SeedEgg YolkFlounderEnglish WalnutGarlicGingerGrapefruitGlutenGrapesGreen PeaYumPlumHalibutString BeanHoneydewTeaLemonString BeanLettuceInternetLettuceInternetLobsterInternetMushroomInternetMushroomInternetOrangeInternetPeantInternetPeantInternetPeantInternetPeranInternetPineappleInternetRiceInternetRiceInternetRiveInternet	Candida	
Flax SeedEgg YolkFlounderEnglish WalnutGarlicGingerGrapefruitGlutenGrapesGreen PeaYumPlumHalibutString BeanHoneydewTeaLemonString BeanLettuceInternetLettuceInternetLobsterInternetMushroomInternetMushroomInternetOrangeInternetPeantInternetPeantInternetPeantInternetPeranInternetPineappleInternetRiceInternetRiceInternetRiveInternet	uliflower	
GarlicGingerCGrapefruitGlutenGrGrapesGreen PeaKidGreen PepperPlumKidHalibutString BeanSHoneydewTeaSLemonISLettuceIILima BeanISLobsterIIMushroomIIOatIIOrangeIIPearPearIPearIIPorkIIRiceIIRiceIIRiceIIRiceIIRiceIIRiceIIIIRiceIIRiceIIRiceII <t< td=""><td>Chicken</td></t<>	Chicken	
GrapefruitGlutenGrapesGrapesGreen PeaKidGreen PepperPlumNaHalibutString BeanSHoneydewTeaSLemonImage String BeanSLemonImage String BeanSLettuceImage String BeanSLobsterImage String BeanSMushroomImage String BeanSOatImage String BeanImage String BeanOrionImage String BeanImage String BeanOrionImage String BeanImage String BeanPeachImage String BeanImage String BeanPearImage String BeanImage String BeanPearImage String BeanImage String BeanPearImage String BeanImage String BeanPineappleImage String BeanImage String BeanPorkImage String BeanImage String BeanRiceImage String BeanImage String Bean<	nnamon	
GrapesGreen PeaKidGreen PepperPlumNRHalibutString BeanSHoneydewTeaSLemonTeaSLemonIInterventionLettuceIInterventionLettuceIInterventionLobsterIInterventionMushroomIInterventionMushroomIInterventionOatInterventionInterventionOrangeInterventionInterventionPeachInterventionInterventionPearInterventionInterventionPrecanInterventionInterventionPorkInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionRiceInterventionInterventionInterventionInterventionInterventionInterventionInterventionInterventionInterventi	Coconut	
GrapesGreen PeaKidGreen PepperPlumNaHalibutString BeanSHoneydewTeaSHopsTeaStringLemonLettuceSLettuceSSLobsterStringSMustroomSSMustroomSSOnionSSOrangeSSPeanutSSPearSSPearSSPorkSSRiceSSRiceSSRiceSSRiceSSRiceSSRiceSS	een Olive	
HalibutString BeanSHoneydewTeaString BeanHopsTeaString BeanLemonImage BeanImage BeanLettuceImage BeanImage BeanLobsterImage BeanImage BeanLobsterImage BeanImage BeanMushroomImage BeanImage BeanOatImage BeanImage BeanOnionImage BeanImage BeanOrangeImage BeanImage BeanPearhImage BeanImage BeanPearImage BeanImage BeanPorkImage BeanImage Bean <td>ney Bean</td>	ney Bean	
HoneydewTeaStrHops	avy Bean	
HoneydewTeaStrHops	oybean	
LemonILettuceILima BeanILobsterIMushroomIMustardIOatIOrionIPeachIPeantIPearIPeanaIPineappleIPorkIRiceIRyeI	ring Bean	
LemonILettuceILima BeanILobsterIMushroomIMustardIOatIOnionIOrangeIPeachIPeanutIPearIPearIPineappleIPorkIRiceIRyeI		
Lima BeanLobsterMushroomMustardOatOnionOrangePeachPeanutPearPeanPecanPineapplePorkRiceRye		
LobsterIMushroomIMustardIOatIOnionIOrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
MushroomIMustardIOatIOnionIOrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
MustardIOatIOnionIOrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
OatIOnionIOrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
OnionIOrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
OrangeIPeachIPeanutIPearIPecanIPineappleIPorkIRiceIRyeI		
Peach I   Peanut I   Pear I   Pecan I   Pineapple I   Pork I   Rice I   Rye I		
Peanut Image: Constraint of the second of		
Pear Image: Constraint of the second of th		
Pecan Image: Constraint of the second of t		
Pineapple Image: Constraint of the second		
Pork Rice Rye		
Rice Rye		
Rye		
Column .		
Salmon		
Scallops		
Sesame		
Shrimp		
Spinach		
Strawberry		
Sweet Potato		

**Testing Sample2** 

REQUISITION ID: DIY2311080014

DRAFT DATE:

2/26/2024

#### **Patient Report: Immune Index**

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

	DIETARY	Immune
Rank	ANTIGEN	Index
1	Cauliflower	MODERATE
2	Soybean	MODERATE
3	Goat's Milk	MODERATE
4	Avocado	MODERATE
5	Beef	MODERATE
6	Candida	MODERATE
7	Cinnamon	MODERATE
8	String Bean	MODERATE
9	Almond	LOW
10	Asparagus	LOW
11	Barley	LOW
12	Black Pepper	LOW
13	Blueberry	LOW
14	Broccoli	LOW
15	Cantaloupe	LOW
16	Clam	LOW
17	Codfish	LOW
18	Egg Albumin	LOW
19	Egg Yolk	LOW
20	English Walnut	LOW
21	Gluten	LOW
22	Green Pea	LOW
23	Ginger	LOW
24	Lobster	LOW
25	Cashew	LOW
26	Kidney Bean	LOW
27	Navy Bean	LOW
28	Orange	LOW
29	Apple	LOW
30	Aspergillus Mix	LOW
31	Brewer's Yeast	LOW
32	Cacao	LOW
33	Carrot	LOW
34	Celery	LOW
35	Coffee	LOW
36	Corn	LOW
37	Flounder	LOW
38	Halibut	LOW
39	Mustard	LOW
40	Hops	LOW
41	Peach	LOW
42	Peanut	LOW
43	Lima Bean	LOW
44	Plum	LOW

Rank	DIETARY	Immune
Kdfik	ANTIGEN	Index
45	Pork	LOW
46	Rice	LOW
47	Spinach	LOW
48	Yellow Squash	LOW
49	Sweet Potato	LOW
50	Теа	LOW
51	Tomato	LOW
52	Tuna	LOW
53	Turkey	LOW
54	Vanilla	LOW
55	Scallops	LOW
56	Banana	
57	Cabbage	
58	Cherry	
59	Coconut	
60	Cucumber	
61	Garlic	
62	Grapefruit	
63	Green Olive	
64	Green Pepper	
65	Mushroom	
66	Rye	
67	Sesame	
68	Shrimp	
69	Strawberry	
70	Watermelon	
71	White Potato	
72	Whole Wheat	
73	Casein	
74	Cow's Milk	
75	Chicken	
76	Cottonseed	
77	Crab	
78	Grapes	
79	Honeydew	
80	Flax Seed	
81	Lemon	
82	Lettuce	
83	Oat	
84	Onion	
85	Pear	
86	Pecan	
87	Pineapple	
88	Salmon	



#### **PATIENT INFO**

NAME: **Testing Sample2** REQUISITION ID: DIY2311080014 DOB: 1/16/1965 SAMPLE DATE: 11/03/2023 RECEIVE DATE: 11/08/2023 DRAFT DATE: 2/26/2024

# P88-DIY (IgE/IgG4)

A Targeted Approach to Wellness

**CLINIC INFO** 

**Testing Clinic** 

ADDRESS: Testing TESTING, Sample 11111

PHONE: 1234567890 FAX: 0

#### Physician Report: IgE/IgG4 Food Allergies

### **Dietary Antigen Exposure by Food Group**

	IgE	lgG4	Meats, Dairy
Meats, Dairy	LOW	LOW	Vegetables Poultry
Poultry	LOW	LOW	HIGH
Legumes, Beans	LOW	MODERATE	Fruits Low Legumes, Beans
Fungi	LOW	MODERATE	
Fish	LOW	LOW	Seeds, Nuts
Shellfish	LOW	LOW	Seeus, Nuts
Herbs, Spices,	LOW	LOW	
Grains, Grasses	LOW	LOW	Grains, Grasses Fish
Seeds, Nuts	LOW	LOW	Herbs, Spices, Shellfish
Fruits	LOW	LOW	Seasonings
Vegetables	LOW	LOW	Tolerance to IgE

#### **Dietary Antigen Exposure by Food Group**

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

#### Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provid es support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been deared by the FDA. All laboratory results should be interpreted

### Physician Report: IgE/IgG4 Food Allergies

### **Understanding the Key**

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

### **Patient Results**

ANTIGEN	IgE	RESULT	IgE %	IMMUNE		lgG4	RESULT	lgG4 %
ANTIGEN	(µg/mL)		Reactivity	TOLERANCE	ANTIGEN	(µg/mL)		Reactivity
	MEATS, DAIRY					MEATS,		
Beef	1.55	LOW	60%	YES	Beef	1.78	LOW	74%
Casein	0.10		10%	YES	Casein	0.13	LOW	21%
Cow's Milk	0.05		8%	YES	Cow's Milk	0.11	LOW	14%
Goat's Milk	0.29	LOW	37%	YES	Goat's Milk	0.39	LOW	45%
Pork	0.92	LOW	50%		Pork	0.55	LOW	54%
		POULTR	Reactivity     TOLERANCE     ANTIGEN     (µg/m)       60%     YES     MIG     MIG       60%     YES     Beef     1.78       10%     YES     Casein     0.13       8%     YES     Cow's Milk     0.11       37%     YES     Goat's Milk     0.39       50%     Pork     0.55		POUL	TRY		
Chicken	0.05		3%	YES	Chicken	1.52	MODERATE	87%
Egg Albumin	12.57	LOW	36%	YES	Egg Albumin	18.63	LOW	67%
Egg Yolk	1.31	LOW	63%		Egg Yolk	0.51	LOW	22%
Turkey	1.02	LOW	48%		Turkey	0.31	LOW	33%
	LE	GUMES, B	EANS			LEGUMES	, BEANS	
Green Pea	1.40	LOW	64%		Green Pea	0.51	LOW	31%
Kidney Bean	0.48	LOW	46%	YES	Kidney Bean	9.30	HIGH	96%
Lima Bean	0.73	LOW	50%		Lima Bean	0.61	LOW	62%
Navy Bean	0.48	LOW	15%	YES	Navy Bean	6.49	HIGH	96%
Peanut	1.50	LOW	60%		Peanut	0.81	LOW	48%
Soybean	12.48	MODERATE	82%		Soybean	6.95	MODERATE	80%
String Bean	1.16	LOW	45%	YES	String Bean	9.34	HIGH	97%
		FUNGI				FUN	GI	
Aspergillus Mix	0.39	LOW	38%	YES	Aspergillus Mix	0.90	MODERATE	83%
Brewer's Yeast	0.10	LOW	17%	YES	Brewer's Yeast	0.59	MODERATE	81%
Candida	0.87	LOW	55%	YES	Candida	1.60	MODERATE	89%
Mushroom	0.68		6%		Mushroom	0.07		2%
		FISH				FIS	Н	
Codfish	1.02	LOW	56%		Codfish	0.55	LOW	59%
Flounder	0.68	LOW	45%		Flounder	0.05		2%
Halibut	0.73	LOW	52%		Halibut	0.11	LOW	18%
Salmon	0.00		0%		Salmon	0.03		2%
Tuna	0.58	LOW	59%		Tuna	0.51	LOW	46%
		SHELLFIS	Н	•		SHELL	FISH	
Clam	8.22	LOW	24%		Clam	3.258	LOW	33%
Crab	0.00		0%		Crab	0.51	LOW	52%
Lobster	0.34	LOW	40%		Lobster	0.27	LOW	45%
Scallops	0.00		0%		Scallops	0.13	LOW	16%
Shrimp	0.00		0%		Shrimp	0.09	LOW	27%
	HERBS.	SPICES. SE	ASONINGS	•	HERBS, SPICES, SEASONINGS			IGS
Black Pepper	0.53	LOW	53%	YES	Black Pepper	0.77	MODERATE	85%
Cinnamon	1.89	HIGH	95%		Cinnamon	1.34	HIGH	94%
Garlic	0.19	LOW	17%	YES	Garlic	0.31	LOW	36%
Ginger	0.92	LOW	50%		Ginger	0.21	LOW	20%
Hops	0.58	LOW	38%		Hops	0.00		0%
Mustard	0.44	LOW	49%	YES	Mustard	2.59	LOW	18%
Vanilla	0.63	LOW	51%		Vanilla	0.15	LOW	37%

2/26/2024

### Physician Report: IgE/IgG4 Food Allergies

### **Patient Results**

	IgE		IgE %	IMMUNE		lgG4		lgG4 %
ANTIGEN	_	RESULT			ANTIGEN		RESULT	<b>~</b>
	(μg/mL)		Reactivity	TOLERANCE		(μg/mL)	CDACCEC	Reactivity
Barley	0.58	RAINS, GRA	54%	YES	Barley	<b>GRAINS, 0</b> 0.92	LOW	73%
Corn	1.21	LOW	64%	TES	Corn	0.32	LOW	46%
Gluten	2.90	LOW	30%	YES	Gluten	21.63	LOW	34%
Oat	0.05	LOW	10%	YES	Oat	0.09	LOW	34%
Rice	0.03	LOW	59%	TES	Rice	0.09	LOW	31%
Rye	0.48	LOW	40%		Rye	0.25	LOW	0%
Whole Wheat	0.34	LOW	31%		Whole Wheat	0.29	LOW	33%
Whole Wheat	0.54	SEEDS. NL			Whole Wheat		NUTS	5570
Almond	1.45	LOW	53%		Almond	1.08	LOW	60%
Cacao	0.48	LOW	68%	YES	Cacao	0.67	MODERATE	86%
Cashew	0.87	LOW	54%	YES	Cashew	1.32	LOW	75%
Coffee	0.39	LOW	42%		Coffee	0.13	LOW	23%
Cottonseed	0.00		0%		Cottonseed	0.41	LOW	72%
English Walnut	0.77	LOW	41%		English Walnut	0.61	LOW	59%
Flax Seed	0.00	2011	0%		Flax Seed	0.21	LOW	26%
Pecan	0.00		0%		Pecan	0.05		9%
Sesame	0.00		0%		Sesame	0.00		0%
		FRUITS				FRU	TS	
Apple	0.53	LOW	49%	YES	Apple	0.84	MODERATE	77%
Avocado	0.58	LOW	23%	YES	Avocado	1.30	MODERATE	83%
Banana	0.48	LOW	52%	YES	Banana	0.88	MODERATE	83%
Blueberry	0.87	LOW	32%		Blueberry	0.65	LOW	55%
Cantaloupe	0.87	LOW	51%		Cantaloupe	0.55	LOW	60%
Cherry	0.00	-	0%		Cherry	0.51	LOW	70%
Coconut	0.53	LOW	50%	YES	Coconut	0.79	MODERATE	82%
Cucumber	0.10	LOW	19%	YES	Cucumber	0.23	LOW	63%
Grapefruit	0.10	LOW	13%	YES	Grapefruit	0.15	LOW	40%
Grapes	0.00		0%		Grapes	0.13	LOW	45%
Green Olive	0.29	LOW	34%	YES	Green Olive	0.55	MODERATE	79%
Green Pepper	0.39	LOW	49%		Green Pepper	0.03		0%
Honeydew	0.00		0%		Honeydew	0.03		1%
Lemon	0.00		0%		Lemon	0.07	LOW	34%
Orange	0.15	LOW	33%	YES	Orange	0.25	LOW	60%
Peach	0.58	LOW	55%		Peach	0.23	LOW	47%
Pear	0.00	1	0%		Pear	0.00		0%
Pineapple	0.00	1	0%		Pineapple	0.03		9%
Plum	0.00		0%		Plum	0.17	LOW	55%
Strawberry	0.58	LOW	35%		Strawberry	0.00		0%
Tomato	0.10	LOW	33%	YES	Tomato	0.15	LOW	56%
Watermelon	0.87	LOW	51%		Watermelon	0.07		10%
Yellow Squash	1.21	LOW	14%		Yellow Squash	0.45		9%
		VEGETABI	.ES			VEGET	ABLES	
Asparagus	1.06	LOW	48%		Asparagus	0.59	LOW	60%
Broccoli	0.73	LOW	40%	YES	Broccoli	1.36	MODERATE	86%
Cabbage	0.77	LOW	49%		Cabbage	0.77	MODERATE	76%
Carrot	0.44	LOW	45%		Carrot	0.41	LOW	63%
Cauliflower	1.11	MODERATE	84%		Cauliflower	0.90	HIGH	91%
Celery	0.82	LOW	41%		Celery	0.41	LOW	41%
Lettuce	0.05		7%	YES	Lettuce	0.31	LOW	68%
Onion	0.00		0%		Onion	0.11	LOW	38%
Spinach	0.77	LOW	36%		Spinach	0.05		5%
Sweet Potato	0.39	LOW	21%		Sweet Potato	0.29	LOW	26%
Теа	0.00		0%		Теа	0.01		0%
White Potato	0.15		7%	YES	White Potato	0.23	LOW	26%



#### **PATIENT INFO**

NAME: **Testing Sample2** REQUISITION ID: DIY2311080014 DOB: 1/16/1965 SAMPLE DATE: 11/03/2023 RECEIVE DATE: 11/08/2023 DRAFT DATE: 2/26/2024

# P88-DIY (IgG/C3d)

A Targeted Approach to Wellness

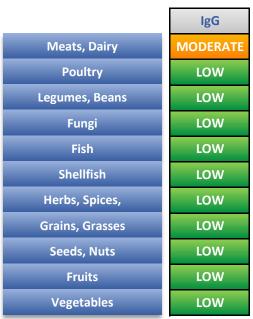
**CLINIC INFO** 

**Testing Clinic** 

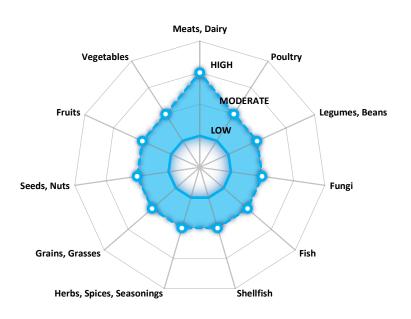
ADDRESS: Testing TESTING, Sample 11111

PHONE: 1234567890 FAX: 0

#### Physician Report: IgG/C3d Food Sensitivities



#### **Dietary Antigen Exposure by Food Group**



#### **Dietary Antigen Exposure by Food Group**

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

DRAFT DATE:

#### Physician Report: IgG/C3d Food Sensitivities

### **Understanding the Key**

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d

ANTIGEN	lgG (μg/mL)	RESULT	IgG % Reactivity	ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity	
		TS, DAIRY				TS, DAIRY		
Beef	34.16	MODERATE	83%	Beef	0.68	LOW	50%	
Casein	3.29	LOW	38%	Casein	0.02		5%	
Cow's Milk	10.55		6%	Cow's Milk	0.18	LOW	40%	
Goat's Milk	14.40	HIGH	91%	Goat's Milk	0.29	LOW	62%	
Pork	11.16	LOW	62%	Pork	0.07		3%	
	PC	DULTRY			PC	DULTRY		
Chicken	0.36		10%	Chicken	0.06		7%	
Egg Albumin	63.63	LOW	56%	Egg Albumin	2.75	LOW	55%	
Egg Yolk	3.76	LOW	27%	Egg Yolk	0.07	LOW	13%	
Turkey	0.36		8%	Turkey	0.34	LOW	35%	
	LEGUN	<b>/IES, BEANS</b>			LEGUN	<b>AES, BEANS</b>		
Green Pea	4.53	LOW	50%	Green Pea	0.23	LOW	15%	
Kidney Bean	4.22	LOW	54%	Kidney Bean	0.04		6%	
Lima Bean	0.36		2%	Lima Bean	0.26	LOW	25%	
Navy Bean	1.90	LOW	11%	Navy Bean	0.00		0%	
Peanut	3.14	LOW	34%	Peanut	0.22		10%	
Soybean	46.66	MODERATE	89%	Soybean	5.34	LOW	63%	
String Bean	3.91	LOW	56%	String Bean	0.21	LOW	42%	
	F	UNGI		FUNGI				
Aspergillus Mix	3.91		7%	Aspergillus Mix	0.72	LOW	73%	
Brewer's Yeast	0.00		0%	Brewer's Yeast	0.11	LOW	21%	
Candida	145.73	MODERATE	88%	Candida	0.14	LOW	31%	
Mushroom	0.05		0%	Mushroom	6.82	LOW	19%	
		FISH				FISH		
Codfish	2.83	LOW	49%	Codfish	0.22	LOW	31%	
Flounder	0.36	LOW	15%	Flounder	0.00		0%	
Halibut	1.75	LOW	43%	Halibut	0.00		0%	
Salmon	0.00		0%	Salmon	0.00		0%	
Tuna	0.21		5%	Tuna	0.33	LOW	58%	
	SH	ELLFISH			SH	ELLFISH		
Clam	15.64	LOW	23%	Clam	2.17	LOW	73%	
Crab	0.00		0%	Crab	0.00		0%	
Lobster	0.00		0%	Lobster	2.26	HIGH	97%	
Scallops	0.00		0%	Scallops	1.46	MODERATE	92%	
Shrimp	0.00		0%	Shrimp	0.25	LOW	66%	
	HERBS, SPIC	ES, SEASONI				<b>CES, SEASONI</b>		
Black Pepper	3.45	LOW	29%	Black Pepper	0.51	LOW	68%	
Cinnamon	0.00		0%	Cinnamon	0.13	LOW	32%	
Garlic	0.00		0%	Garlic	0.00		0%	
Ginger	4.22	LOW	35%	Ginger	0.24	LOW	22%	
Hops	0.82	LOW	18%	Hops	0.00		0%	
Mustard	3.29	LOW	25%	Mustard	0.00		0%	
Vanilla	7.61	LOW	57%	Vanilla	0.00		0%	

### **Patient Results**

## Physician Report: IgG/C3d Food Sensitivities

### **Patient Results**

	lgG				C3d		
ANTIGEN	(µg/mL)	RESULT	IgG % Reactivity	ANTIGEN	(µg/mL)	RESULT	C3d % Reactivity
	GRAIN	S, GRASSES				S, GRASSES	
Barley	2.37	LOW	27%	Barley	0.60	LOW	39%
Corn	1.75	LOW	33%	Corn	0.04		1%
Gluten	152.98	LOW	14%	Gluten	0.13	LOW	16%
Oat	0.00		0%	Oat	0.00		0%
Rice	0.00		0%	Rice	0.06	LOW	12%
Rye	0.00		0%	Rye	0.00	-	0%
Whole Wheat	0.51		3%	Whole Wheat	0.00		0%
	SEE	OS. NUTS			SEE	DS. NUTS	
Almond	1.90	LOW	18%	Almond	0.40	LOW	25%
Cacao	2.98	LOW	44%	Cacao	0.05	2011	11%
Cashew	0.00	2011	0%	Cashew	0.99	MODERATE	81%
Coffee	0.67		6%	Coffee	0.52	LOW	34%
Cottonseed	0.00		0%	Cottonseed	0.00	2011	0%
English Walnut	19.03	LOW	63%	English Walnut	4.42	LOW	31%
Flax Seed	0.00	LOW	0%	Flax Seed	0.00	LOW	0%
Pecan	0.00		0%	Pecan	0.00		0%
Sesame	0.00		0%	Sesame	0.00	LOW	64%
Jesame		RUITS	078	Jesame		RUITS	0470
Applo	0.21	KUII3	5%	Apple	0.66	LOW	69%
Apple Avocado	3.45	LOW	38%	Avocado	4.95	MODERATE	77%
		LOW		-		WODERATE	
Banana	0.00	LOW	0% 19%	Banana	0.00	1014	0% 29%
Blueberry	4.84	-		Blueberry	1.99	LOW	
Cantaloupe	2.98	LOW	53%	Cantaloupe	0.14	LOW	24%
Cherry	0.00		0%	Cherry	0.09	LOW	19%
Coconut	0.00		0%	Coconut	0.02		5%
Cucumber	0.00		0%	Cucumber	0.00		0%
Grapefruit	0.00		0%	Grapefruit	0.00		0%
Grapes	0.00		0%	Grapes	0.00		0%
Green Olive	0.00		0%	Green Olive	0.00		0%
Green Pepper	0.00		0%	Green Pepper	0.01		0%
Honeydew	0.00		0%	Honeydew	0.03		4%
Lemon	0.00		0%	Lemon	0.00		0%
Orange	0.00		0%	Orange	0.42	MODERATE	76%
Peach	0.00		0%	Peach	0.13	LOW	21%
Pear	0.00		0%	Pear	0.00		0%
Pineapple	0.00		0%	Pineapple	0.00		0%
Plum	1.13	LOW	51%	Plum	0.12	LOW	39%
Strawberry	0.00		0%	Strawberry	0.00		0%
Tomato	0.00		0%	Tomato	0.09	LOW	42%
Watermelon	0.05		0%	Watermelon	0.00		0%
Yellow Squash	1.60		4%	Yellow Squash	0.64	LOW	13%
		ETABLES				ETABLES	
Asparagus	2.68	LOW	33%	Asparagus	0.53	LOW	49%
Broccoli	1.75	LOW	26%	Broccoli	0.26	LOW	25%
Cabbage	0.00		0%	Cabbage	0.02		3%
Carrot	0.00		0%	Carrot	0.39	LOW	55%
Cauliflower	0.82	LOW	26%	Cauliflower	0.09	LOW	13%
Celery	0.21		3%	Celery	0.21	LOW	27%
Lettuce	0.00		0%	Lettuce	0.00		0%
Onion	0.00	-	0%	Onion	0.00		0%
Spinach	1.29	LOW	18%	Spinach	0.05		7%
Sweet Potato	3.45		7%	Sweet Potato	2.24	LOW	17%
Теа	2.06	LOW	45%	Теа	0.50	LOW	69%
White Potato	2.98		2%	White Potato	4.25	LOW	27%

This test has been developed and its performance characteristics determined by Precision Point Diagnostics, it has not been cleared by the FDA. All laboratory results should be interpreted within

REQUISITION ID: DIY2311080014

#### **Physician Report: Biogenic Compounds List**

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond									
Apple							М	М	
Asparagus									
Avocado							М		
Banana							М		
Barley									
Blueberry									
Broccoli			М						
Cabbage						M			
Casein									
Cashew							М		
Cauliflower							Н		
Celery									
Coconut						M			
Coffee									
Corn									
Grapefruit									
Kidney Bean	Н			Н	Н		Н		
Lettuce									
Mushroom									
Navy Bean	Н			Н	Н		H		
Onion									
Orange	М								
Peach									
Peanut									
Pear									
Pineapple									
Plum									
Shrimp									
Soybean	М			М			М		
Spinach									
Strawberry									
Теа									
Tomato									
Turkey									
Watermelon									
White Potato									
Whole Wheat									

