



PRECISION POINT DIAGNOSTICS

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P88-Dietary Antigen Test

A Targeted Approach to Wellness



P88 Guide

PATIENT INFO

NAME: **Sample User**
 REQUISITION ID: DAT2311100029
 DOB: 10/30/1972
 SAMPLE DATE: 11/07/2024
 RECEIVE DATE: 11/10/2024
 DRAFT DATE: 2/26/2024

CLINIC INFO

Sample Clinic Name
 ADDRESS: 1 Sample blvd.
 TT, GA 00000
 PHONE: (000)000-0001
 FAX: 000-000-0000

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Almond	MODERATE	HIGH	YES	MODERATE	
Apple	HIGH	MODERATE			
Asparagus	LOW	LOW		LOW	LOW
Aspergillus Mix	MODERATE			LOW	
Avocado	LOW			LOW	LOW
Banana		LOW			
Barley	MODERATE	MODERATE	YES	HIGH	LOW
Beef	MODERATE	HIGH		HIGH	MODERATE
Black Pepper	HIGH	LOW		LOW	
Blueberry	LOW			MODERATE	LOW
Brewer's Yeast	LOW	LOW	YES	MODERATE	
Broccoli	LOW				
Cabbage	LOW				
Cacao	LOW			LOW	
Candida	MODERATE			LOW	LOW
Cantaloupe	LOW	LOW			
Carrot	LOW	HIGH	YES	LOW	
Casein	HIGH	HIGH	YES	HIGH	LOW
Cashew	MODERATE	MODERATE	YES	MODERATE	
Cauliflower	HIGH	LOW		LOW	
Celery	LOW	LOW			
Cherry	LOW				
Chicken	MODERATE	HIGH	YES	HIGH	
Cinnamon				HIGH	
Clam	MODERATE	LOW		MODERATE	
Coconut	MODERATE	LOW		LOW	
Codfish		LOW	YES	MODERATE	MODERATE
Coffee	LOW			LOW	
Corn	LOW	LOW			LOW
Cottonseed	LOW			LOW	
Cow's Milk	MODERATE	MODERATE	YES	MODERATE	LOW
Crab	LOW	HIGH	YES		
Cucumber	LOW				
Egg Albumin	LOW	MODERATE	YES	HIGH	MODERATE
Egg Yolk	MODERATE	HIGH	YES	HIGH	LOW
English Walnut	MODERATE	HIGH	YES	HIGH	LOW
Flax Seed	LOW	LOW	YES	LOW	
Flounder	LOW	MODERATE	YES		LOW

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PATIENT NAME:

Sample User

REQUISITION ID:

DAT2311100029

DRAFT DATE:

2/26/2024

Patient Report: Summary

DIETARY ANTIGEN	ALLERGY			SENSITIVITY	
	IgE	IgG4	Immune Tolerance IgG4 > IgE Abs*	IgG	C3d
Garlic	LOW				LOW
Ginger	LOW	LOW		LOW	LOW
Gluten	LOW	MODERATE	YES	LOW	
Goat's Milk	LOW	HIGH	YES	HIGH	LOW
Grapefruit	LOW				
Grapes	LOW				
Green Olive	MODERATE	HIGH	YES		
Green Pea	MODERATE	MODERATE	YES	HIGH	LOW
Green Pepper	LOW	HIGH	YES		
Halibut	LOW	LOW	YES		LOW
Honeydew	LOW				
Hops		LOW	YES		
Kidney Bean	MODERATE	LOW			LOW
Lemon	LOW	LOW			
Lettuce	LOW				LOW
Lima Bean	MODERATE	HIGH	YES	HIGH	LOW
Lobster	LOW	MODERATE	YES		
Mushroom	LOW			LOW	
Mustard	LOW	LOW	YES	HIGH	
Navy Bean	HIGH	MODERATE	YES	MODERATE	LOW
Oat					
Onion	LOW				
Orange	MODERATE				
Peach	LOW				
Peanut	LOW	MODERATE	YES	MODERATE	MODERATE
Pear	LOW				
Pecan	LOW			HIGH	
Pineapple			YES		
Plum	HIGH	LOW		MODERATE	LOW
Pork	LOW	LOW	YES	MODERATE	LOW
Rice	LOW	MODERATE	YES	LOW	
Rye	LOW	HIGH	YES	LOW	
Salmon	LOW				
Scallops	LOW	LOW			
Sesame	LOW				LOW
Shrimp	LOW	HIGH	YES	LOW	
Soybean	MODERATE	HIGH	YES	HIGH	LOW
Spinach	LOW	LOW	YES		LOW
Strawberry					
String Bean	HIGH	MODERATE	YES	MODERATE	LOW
Sweet Potato	LOW				LOW
Tea	LOW			MODERATE	
Tomato					
Tuna	LOW	LOW			
Turkey	LOW	HIGH	YES	MODERATE	
Vanilla	LOW	LOW		LOW	
Watermelon					LOW
White Potato	MODERATE			LOW	LOW
Whole Wheat	LOW	HIGH	YES	HIGH	LOW
Yellow Squash	LOW	LOW		HIGH	

Reference Range	High	Medium	Low	Normal
Increased Prevalence	> 90%	>= 50-90%	> 10-50%	< 10%
Average Prevalence	> 95%	>=75-95%	> 10-75%	< 10%

Reference Range is based on how reactive a person is compared to population distribution.

Increased Prevalence: Foods that more people have a reaction to including dairy and casein, wheat and gluten, shellfish, tree nuts, and eggs.

Average Prevalence: All other foods.

* Immune Tolerance is based upon the absolute (Abs) value of IgG4 compared to the absolute value of IgE.

This is different from percent reactivity which is given in the summary page to easily see which foods are the most reactive. Find absolute values for each food in the references range on the test results between pages 6-12.

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Patient Report: Less Restrictive Diet

Criteria for Less Restrictive Diet Logic

Eliminate: High IgG and/or High IgE foods

Rotate: Moderate IgG with High, Moderate, or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Asparagus Aspergillus Mix Avocado Banana Brewer's Yeast Broccoli Cabbage Cacao Candida Cantaloupe Cashew Celery Cherry Clam Coconut Coffee Corn Cottonseed Cucumber Flax Seed Flounder Garlic Ginger Gluten Grapefruit Grapes Halibut Honeydew Hops Kidney Bean Lemon Lettuce Lobster Mushroom Oat Onion Orange Peach Pear Pineapple Rice Salmon Scallops Sesame Spinach Strawberry Sweet Potato Tea Tomato Tuna Vanilla Watermelon White Potato	Blueberry Codfish Cow's Milk Navy Bean Peanut Pork String Bean	Apple Barley Beef Black Pepper Casein Cauliflower Chicken Cinnamon Egg Albumin Egg Yolk English Walnut Goat's Milk Green Pea Lima Bean Mustard Pecan Plum Soybean Whole Wheat Yellow Squash	Almond Beef Carrot Casein Chicken Crab Egg Yolk English Walnut Goat's Milk Green Olive Green Pepper Lima Bean Rye Shrimp Soybean Turkey Whole Wheat

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Patient Report: More Restrictive Diet

Criteria for Logic of More Restrictive Diet

Eliminate: High and Moderate IgE and/or IgG

Rotate: Low IgG with High, Moderate or Low Complement

Eliminate (IgG4): Based on presence of IgG-4 RD conditions (see Understanding the P88 for more information)

* Anytime gluten is removed, the rotation diet will remove all gluten containing grains regardless of IgE or IgG reactivity.

NO LIMITATION	ROTATE	ELIMINATE	ELIMINATE (IgG4)
These foods produce no immune reaction within your system at this time.	These foods should be rotated out of your diet for a period of 72 hrs or reduced in overall intake.	Remove these foods entirely from your diet.	Remove at Provider's Discretion
Banana Broccoli Cabbage Cacao Cantaloupe Celery Cherry Coffee Corn Cottonseed Cucumber Flax Seed Garlic Grapefruit Grapes Halibut Honeydew Hops Lemon Lettuce Mushroom Onion Peach Pear Pineapple Salmon Scallops Sesame Spinach Strawberry Sweet Potato Tomato Tuna Vanilla Watermelon	Asparagus Avocado Ginger	Almond Apple Aspergillus Mix Barley Beef Black Pepper Blueberry Brewer's Yeast Candida Casein Cashew Cauliflower Chicken Cinnamon Clam Coconut Codfish Cow's Milk Egg Albumin Egg Yolk English Walnut Goat's Milk Green Pea Kidney Bean Lima Bean Mustard Navy Bean Orange Peanut Pecan Plum Pork Soybean String Bean Tea Turkey White Potato Whole Wheat Yellow Squash	Almond Apple Barley Beef Carrot Casein Cashew Chicken Cow's Milk Crab Egg Albumin Egg Yolk English Walnut Flounder Gluten Goat's Milk Green Olive Green Pea Green Pepper Lima Bean Lobster Navy Bean Oat Peanut Rice Rye Shrimp Soybean String Bean Turkey Whole Wheat

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Patient Report: Immune Index

The Immune Index is a calculation in which IgE, IgG, C3d are added together to show cumulative reactivity. If IgG4 is greater than IgE it blocks the reaction and IgE is not added into cumulative inflammatory formula. This is used to highlight foods that are creating multiple immune reactions.

Rank	DIETARY ANTIGEN	Immune Index
1	Beef	HIGH
2	Casein	HIGH
3	Egg Yolk	HIGH
4	English Walnut	HIGH
5	Lima Bean	HIGH
6	Soybean	HIGH
7	Barley	MODERATE
8	Egg Albumin	MODERATE
9	Green Pea	MODERATE
10	Navy Bean	MODERATE
11	Plum	MODERATE
12	String Bean	MODERATE
13	Whole Wheat	MODERATE
14	Goat's Milk	MODERATE
15	Chicken	MODERATE
16	Peanut	MODERATE
17	Cow's Milk	MODERATE
18	Almond	MODERATE
19	Blueberry	MODERATE
20	Candida	MODERATE
21	Pork	MODERATE
22	White Potato	MODERATE
23	Asparagus	LOW
24	Avocado	LOW
25	Cashew	LOW
26	Black Pepper	LOW
27	Clam	LOW
28	Codfish	LOW
29	Cauliflower	LOW
30	Ginger	LOW
31	Mustard	LOW
32	Pecan	LOW
33	Yellow Squash	LOW
34	Turkey	LOW
35	Aspergillus Mix	LOW
36	Brewer's Yeast	LOW
37	Carrot	LOW
38	Coconut	LOW
39	Kidney Bean	LOW
40	Rye	LOW
41	Shrimp	LOW
42	Tea	LOW
43	Apple	LOW
44	Cacao	LOW

Rank	DIETARY ANTIGEN	Immune Index
45	Cinnamon	LOW
46	Coffee	LOW
47	Corn	LOW
48	Cottonseed	LOW
49	Flounder	LOW
50	Garlic	LOW
51	Gluten	LOW
52	Green Olive	LOW
53	Halibut	LOW
54	Flax Seed	LOW
55	Lettuce	LOW
56	Mushroom	LOW
57	Rice	LOW
58	Sesame	LOW
59	Spinach	LOW
60	Sweet Potato	LOW
61	Vanilla	LOW
62	Crab	LOW
63	Green Pepper	LOW
64	Orange	LOW
65	Broccoli	
66	Cabbage	
67	Cantaloupe	
68	Celery	
69	Cherry	
70	Cucumber	
71	Grapefruit	
72	Grapes	
73	Honeydew	
74	Lemon	
75	Lobster	
76	Onion	
77	Peach	
78	Pear	
79	Salmon	
80	Scallops	
81	Tuna	
82	Watermelon	
83	Banana	
84	Oat	
85	Hops	
86	Pineapple	
87	Strawberry	
88	Tomato	

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P88-DAT (IgE/IgG4)

A Targeted Approach to Wellness

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 DOB: 10/30/1972
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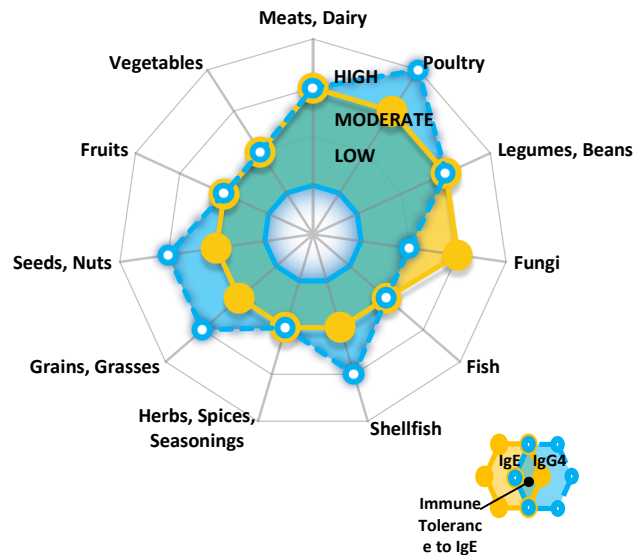
CLINIC INFO

Sample Clinic Name
 ADDRESS: 1 Sample blvd.
 TT, GA 00000
 PHONE: (000)000-0001
 FAX: 000-000-0000

Physician Report: IgE/IgG4 Food Allergies

Dietary Antigen Exposure by Food Group

	IgE	IgG4
Meats, Dairy	MODERATE	MODERATE
Poultry	MODERATE	HIGH
Legumes, Beans	MODERATE	MODERATE
Fungi	MODERATE	LOW
Fish	LOW	LOW
Shellfish	LOW	MODERATE
Herbs, Spices, Seasonings	LOW	LOW
Grains, Grasses	LOW	MODERATE
Seeds, Nuts	LOW	MODERATE
Fruits	LOW	LOW
Vegetables	LOW	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgE and IgG4 antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgE and IgG4 results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

Immune Tolerance To IgE

In high levels, IgG4 antibodies alone can trigger an immune response within the body. However, data is available that provides support for the notion that IgG4 can serve another specific function of controlling antigen recognition by IgE and consequently regulating anaphylactic reactions and IgE-mediated immunity. IgG4 can act as a blocking agent by preventing IgE from binding to targeted receptor sites and releasing histamine. We refer to this as the Immune Tolerance to IgE.

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Physician Report: IgE/IgG4 Food Allergies

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

Immune Tolerance denotes that IgG4 is greater than IgE and will block the IgE reaction. That is to say, the patient has gained tolerance to the food.

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE
MEATS, DAIRY				
Beef	16.09	MODERATE	93%	
Casein	3.38	HIGH	96%	YES
Cow's Milk	8.10	MODERATE	88%	YES
Goat's Milk	0.94	LOW	56%	YES
Pork	0.52	LOW	19%	YES
POULTRY				
Chicken	2.78	MODERATE	89%	YES
Egg Albumin	17.64	LOW	71%	YES
Egg Yolk	2.78	MODERATE	87%	YES
Turkey	0.94	LOW	41%	YES
LEGUMES, BEANS				
Green Pea	3.02	MODERATE	86%	YES
Kidney Bean	1.05	MODERATE	83%	
Lima Bean	2.01	MODERATE	90%	YES
Navy Bean	5.05	HIGH	95%	YES
Peanut	2.07	LOW	53%	YES
Soybean	15.55	MODERATE	95%	YES
String Bean	8.27	HIGH	>99%	YES
FUNGI				
Aspergillus Mix	1.71	MODERATE	75%	
Brewer's Yeast	0.82	LOW	44%	YES
Candida	2.43	MODERATE	78%	
Mushroom	0.64	LOW	40%	
FISH				
Codfish	0.16		7%	YES
Flounder	0.58	LOW	34%	YES
Halibut	0.76	LOW	40%	YES
Salmon	0.82	LOW	48%	
Tuna	0.88	LOW	68%	
SHELLFISH				
Clam	15.37	MODERATE	94%	
Crab	1.41	LOW	57%	YES
Lobster	0.58	LOW	37%	YES
Scallops	0.76	LOW	27%	
Shrimp	0.40	LOW	44%	YES
HERBS, SPICES, SEASONINGS				
Black Pepper	6.84	HIGH	97%	
Cinnamon	0.00		0%	
Garlic	1.35	LOW	70%	
Ginger	2.01	LOW	66%	
Hops	0.22		9%	YES
Mustard	1.11	LOW	62%	YES
Vanilla	0.88	LOW	52%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
MEATS, DAIRY			
Beef	14.22	HIGH	98%
Casein	66.44	HIGH	93%
Cow's Milk	65.93	MODERATE	85%
Goat's Milk	33.51	HIGH	97%
Pork	2.20	LOW	69%
POULTRY			
Chicken	13.63	HIGH	>99%
Egg Albumin	71.04	MODERATE	89%
Egg Yolk	68.15	HIGH	92%
Turkey	13.18	HIGH	>99%
LEGUMES, BEANS			
Green Pea	6.06	MODERATE	93%
Kidney Bean	0.35	LOW	0%
Lima Bean	4.28	HIGH	97%
Navy Bean	15.33	MODERATE	94%
Peanut	7.54	MODERATE	88%
Soybean	33.21	HIGH	>99%
String Bean	20.45	MODERATE	92%
FUNGI			
Aspergillus Mix	0.00		0%
Brewer's Yeast	1.31	LOW	0%
Candida	0.00		0%
Mushroom	0.27		0%
FISH			
Codfish	0.87	LOW	0%
Flounder	2.57	MODERATE	87%
Halibut	1.61	LOW	78%
Salmon	0.00		0%
Tuna	0.72	LOW	0%
SHELLFISH			
Clam	6.21	LOW	66%
Crab	4.06	HIGH	94%
Lobster	2.79	MODERATE	86%
Scallops	0.50	LOW	0%
Shrimp	4.95	HIGH	96%
HERBS, SPICES, SEASONINGS			
Black Pepper	1.39	LOW	0%
Cinnamon	0.00		0%
Garlic	0.27		0%
Ginger	1.31	LOW	0%
Hops	0.72	LOW	0%
Mustard	12.74	LOW	70%
Vanilla	0.35	LOW	0%

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PATIENT NAME:

Sample User

REQUISITION ID:

DAT2311100029

DRAFT DATE:

2/26/2024

Physician Report: IgE/IgG4 Food Allergies

Patient Results

ANTIGEN	IgE (µg/mL)	RESULT	IgE % Reactivity	IMMUNE TOLERANCE TO IgE
GRAINS, GRASSES				
Barley	2.01	MODERATE	93%	YES
Corn	1.05	LOW	53%	
Gluten	3.86	LOW	45%	YES
Oat	0.00		0%	
Rice	0.88	LOW	66%	YES
Rye	0.28	LOW	12%	YES
Whole Wheat	0.82	LOW	47%	YES
SEEDS, NUTS				
Almond	3.68	MODERATE	86%	YES
Cacao	0.58	LOW	42%	
Cashew	2.73	MODERATE	88%	YES
Coffee	1.11	LOW	63%	
Cottonseed	0.64	LOW	32%	
English Walnut	1.71	MODERATE	89%	YES
Flax Seed	1.29	LOW	61%	YES
Pecan	0.94	LOW	47%	
Sesame	0.52	LOW	60%	
FRUITS				
Apple	5.29	HIGH	95%	
Avocado	1.59	LOW	54%	
Banana	0.00		0%	
Blueberry	1.35	LOW	50%	
Cantaloupe	1.05	LOW	33%	
Cherry	0.52	LOW	24%	
Coconut	2.61	MODERATE	94%	
Cucumber	0.28	LOW	26%	
Grapefruit	0.22	LOW	18%	
Grapes	0.28	LOW	30%	
Green Olive	1.47	MODERATE	84%	YES
Green Pepper	0.70	LOW	49%	YES
Honeydew	0.34	LOW	16%	
Lemon	0.34	LOW	43%	
Orange	0.82	MODERATE	82%	
Peach	0.40	LOW	20%	
Pear	0.22	LOW	12%	
Pineapple	0.04		0%	YES
Plum	1.71	HIGH	97%	
Strawberry	0.00		0%	
Tomato	0.16		8%	
Watermelon	0.16		4%	
Yellow Squash	4.69	LOW	74%	
VEGETABLES				
Asparagus	1.53	LOW	61%	
Broccoli	1.77	LOW	61%	
Cabbage	0.64	LOW	28%	
Carrot	0.52	LOW	39%	YES
Cauliflower	3.62	HIGH	>99%	
Celery	0.76	LOW	37%	
Lettuce	0.76	LOW	68%	
Onion	0.22	LOW	20%	
Spinach	0.99	LOW	44%	YES
Sweet Potato	1.23	LOW	63%	
Tea	0.34	LOW	35%	
White Potato	1.83	MODERATE	88%	

ANTIGEN	IgG4 (µg/mL)	RESULT	IgG4 % Reactivity
GRAINS, GRASSES			
Barley	2.05	MODERATE	85%
Corn	0.87	LOW	0%
Gluten	34.32	MODERATE	87%
Oat	0.00		0%
Rice	2.05	MODERATE	91%
Rye	5.54	HIGH	95%
Whole Wheat	12.29	HIGH	98%
SEEDS, NUTS			
Almond	13.40	HIGH	96%
Cacao	0.05		0%
Cashew	16.07	MODERATE	94%
Coffee	0.20		0%
Cottonseed	0.00		0%
English Walnut	11.85	HIGH	>99%
Flax Seed	1.68	LOW	65%
Pecan	0.00		0%
Sesame	0.00		0%
FRUITS			
Apple	1.68	MODERATE	86%
Avocado	0.00		0%
Banana	1.39	LOW	69%
Blueberry	0.35		0%
Cantaloupe	0.57	LOW	0%
Cherry	0.00		0%
Coconut	0.72	LOW	0%
Cucumber	0.00		0%
Grapefruit	0.20		0%
Grapes	0.00		0%
Green Olive	5.84	HIGH	96%
Green Pepper	7.84	HIGH	>99%
Honeydew	0.00		0%
Lemon	0.20	LOW	0%
Orange	0.00		0%
Peach	0.00		0%
Pear	0.00		0%
Pineapple	0.05		0%
Plum	0.87	LOW	72%
Strawberry	0.12		0%
Tomato	0.00		0%
Watermelon	0.12		0%
Yellow Squash	3.46	LOW	0%
VEGETABLES			
Asparagus	0.50	LOW	0%
Broccoli	0.00		0%
Cabbage	0.00		0%
Carrot	6.43	HIGH	99%
Cauliflower	0.50	LOW	28%
Celery	0.50	LOW	0%
Lettuce	0.00		0%
Onion	0.05		0%
Spinach	1.24	LOW	0%
Sweet Potato	0.00		0%
Tea	0.00		0%
White Potato	0.00		0%

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P88-DAT (IgG/C3d)

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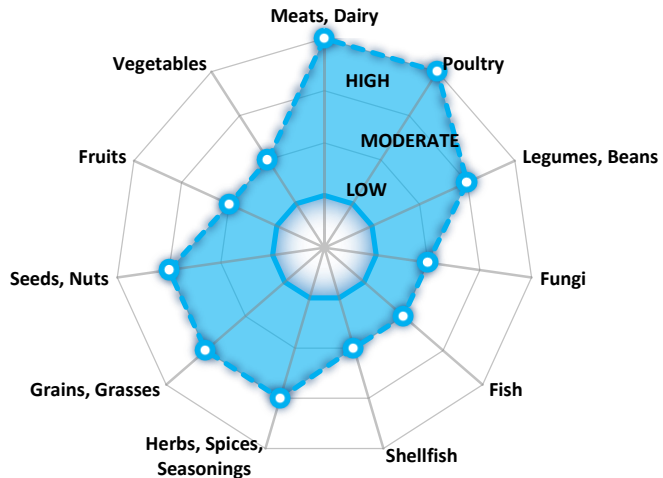
CLINIC INFO

Sample Clinic Name
 ADDRESS: 1 Sample blvd.
 TT, GA 00000
 PHONE: (000)000-0001
 FAX: 000-000-0000

Physician Report: IgG/C3d Food Sensitivities

Dietary Antigen Exposure by Food Group

	IgG
Meats, Dairy	HIGH
Poultry	HIGH
Legumes, Beans	MODERATE
Fungi	LOW
Fish	LOW
Shellfish	LOW
Herbs, Spices, Seasonings	MODERATE
Grains, Grasses	MODERATE
Seeds, Nuts	MODERATE
Fruits	LOW
Vegetables	LOW



Dietary Antigen Exposure by Food Group

In this test, a human serum sample is probed for the presence of IgG antibodies which have an exact affinity for specific dietary allergens. Dietary allergens are clustered by the food groups shown in the table and graph above. The quantitative summation of the IgG results within the offending food groups are expressed graphically. The exclusion of the offending food group(s) from the diet has been shown to reduce the severity of symptoms associated with food allergies.

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Physician Report: IgG/C3d Food Sensitivities

Understanding the Key

These results show the quantitative amount of antigen the patient is making in response to individual foods.

Percent Reactivity denotes how reactive the patient is compared to the population in general. For example, if the patient is 95%, they are more reactive than 95 % of the population.

If a patient has both IgG and C3d the reaction will be 1000 fold or more greater than just having an IgG reaction alone. C3d alone will not provoke significant reactions.

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
MEATS, DAIRY			
Beef	109.95	HIGH	98%
Casein	267.99	HIGH	96%
Cow's Milk	247.56	MODERATE	84%
Goat's Milk	206.15	HIGH	96%
Pork	20.43	MODERATE	79%
POULTRY			
Chicken	52.44	HIGH	>99%
Egg Albumin	248.46	HIGH	98%
Egg Yolk	218.99	HIGH	97%
Turkey	18.08	MODERATE	95%
LEGUMES, BEANS			
Green Pea	41.41	HIGH	98%
Kidney Bean	0.72		3%
Lima Bean	40.69	HIGH	96%
Navy Bean	45.03	MODERATE	80%
Peanut	23.69	MODERATE	87%
Soybean	154.07	HIGH	>99%
String Bean	49.19	MODERATE	84%
FUNGI			
Aspergillus Mix	235.62	LOW	63%
Brewer's Yeast	87.16	MODERATE	88%
Candida	240.51	LOW	57%
Mushroom	60.04	LOW	69%
FISH			
Codfish	7.78	MODERATE	81%
Flounder	0.00		0%
Halibut	0.00		0%
Salmon	0.00		0%
Tuna	0.00		0%
SHELLFISH			
Clam	59.68	MODERATE	81%
Crab	0.00		0%
Lobster	1.27		7%
Scallops	0.00		0%
Shrimp	2.35	LOW	24%
HERBS, SPICES, SEASONINGS			
Black Pepper	73.4	LOW	69%
Cinnamon	83.5	HIGH	97%
Garlic	0.7		7%
Ginger	58.0	LOW	62%
Hops	0.0		0%
Mustard	100.4	HIGH	99%
Vanilla	51.5	LOW	58%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
MEATS, DAIRY			
Beef	9.48	MODERATE	83%
Casein	3.02	LOW	75%
Cow's Milk	4.70	LOW	64%
Goat's Milk	0.88	LOW	28%
Pork	0.43	LOW	13%
POULTRY			
Chicken	0.00		0%
Egg Albumin	2.39	MODERATE	83%
Egg Yolk	6.37	LOW	66%
Turkey	0.08		5%
LEGUMES, BEANS			
Green Pea	0.23	LOW	12%
Kidney Bean	1.13	LOW	74%
Lima Bean	0.45	LOW	19%
Navy Bean	0.18	LOW	18%
Peanut	1.61	MODERATE	87%
Soybean	5.26	LOW	37%
String Bean	0.38	LOW	35%
FUNGI			
Aspergillus Mix	0.38		7%
Brewer's Yeast	0.00		0%
Candida	1.43	LOW	42%
Mushroom	3.75		9%
FISH			
Codfish	1.51	MODERATE	83%
Flounder	0.28	LOW	23%
Halibut	0.08	LOW	13%
Salmon	0.00		0%
Tuna	0.00		0%
SHELLFISH			
Clam	1.74		0%
Crab	0.00		0%
Lobster	0.00		0%
Scallops	0.00		0%
Shrimp	0.25		10%
HERBS, SPICES, SEASONINGS			
Black Pepper	0.0		0%
Cinnamon	0.0		0%
Garlic	0.6	LOW	41%
Ginger	1.0	LOW	31%
Hops	0.0		0%
Mustard	0.0		0%
Vanilla	0.0		0%

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PATIENT NAME:

Sample User

REQUISITION ID: DAT2311100029

DRAFT DATE: 2/26/2024

Physician Report: IgG/C3d Food Sensitivities

Patient Results

ANTIGEN	IgG (µg/mL)	RESULT	IgG % Reactivity
GRAINS, GRASSES			
Barley	28.03	HIGH	>99%
Corn	0.00		0%
Gluten	229.30	LOW	46%
Oat	0.00		0%
Rice	1.81	LOW	24%
Rye	11.21	LOW	64%
Whole Wheat	27.13	HIGH	96%
SEEDS, NUTS			
Almond	18.81	MODERATE	91%
Cacao	54.79	LOW	67%
Cashew	51.18	MODERATE	90%
Coffee	16.28	LOW	29%
Cottonseed	15.73	LOW	61%
English Walnut	38.52	HIGH	99%
Flax Seed	15.19	LOW	72%
Pecan	63.83	HIGH	>99%
Sesame	0.00		0%
FRUITS			
Apple	0.00		0%
Avocado	13.92	LOW	34%
Banana	0.00		0%
Blueberry	29.48	MODERATE	88%
Cantaloupe	0.00		0%
Cherry	0.00		0%
Coconut	4.16	LOW	23%
Cucumber	0.00		0%
Grapefruit	0.00		0%
Grapes	0.00		0%
Green Olive	0.54		1%
Green Pepper	0.00		0%
Honeydew	0.00		0%
Lemon	0.00		0%
Orange	0.00		0%
Peach	0.00		0%
Pear	0.00		0%
Pineapple	0.00		0%
Plum	5.43	MODERATE	80%
Strawberry	0.00		0%
Tomato	0.00		0%
Watermelon	0.00		0%
Yellow Squash	62.21	HIGH	>99%
VEGETABLES			
Asparagus	35.99	LOW	55%
Broccoli	0.00		0%
Cabbage	0.00		0%
Carrot	4.52	LOW	54%
Cauliflower	3.98	LOW	53%
Celery	0.00		0%
Lettuce	0.00		0%
Onion	0.00		0%
Spinach	0.00		0%
Sweet Potato	0.90		1%
Tea	33.82	MODERATE	93%
White Potato	6.69	LOW	12%

ANTIGEN	C3d (µg/mL)	RESULT	C3d % Reactivity
GRAINS, GRASSES			
Barley	1.33	LOW	53%
Corn	0.30	LOW	23%
Gluten	0.00		0%
Oat	0.00		0%
Rice	0.00		0%
Rye	0.00		0%
Whole Wheat	0.20	LOW	17%
SEEDS, NUTS			
Almond	0.05		5%
Cacao	0.00		0%
Cashew	0.00		0%
Coffee	0.08		0%
Cottonseed	0.00		0%
English Walnut	6.82	LOW	44%
Flax Seed	0.00		0%
Pecan	0.00		0%
Sesame	0.10	LOW	28%
FRUITS			
Apple	0.00		0%
Avocado	2.59	LOW	39%
Banana	0.00		0%
Blueberry	1.36	LOW	26%
Cantaloupe	0.03		6%
Cherry	0.00		0%
Coconut	0.00		0%
Cucumber	0.03		0%
Grapefruit	0.00		0%
Grapes	0.00		0%
Green Olive	0.00		0%
Green Pepper	0.00		0%
Honeydew	0.00		0%
Lemon	0.00		0%
Orange	0.00		0%
Peach	0.00		0%
Pear	0.00		0%
Pineapple	0.00		0%
Plum	0.10	LOW	21%
Strawberry	0.00		0%
Tomato	0.00		0%
Watermelon	0.38	LOW	42%
Yellow Squash	0.83		7%
VEGETABLES			
Asparagus	0.38	LOW	35%
Broccoli	0.00		0%
Cabbage	0.00		0%
Carrot	0.00		0%
Cauliflower	0.00		0%
Celery	0.08		12%
Lettuce	0.15	LOW	19%
Onion	0.00		0%
Spinach	0.30	LOW	20%
Sweet Potato	1.89	LOW	32%
Tea	0.00		0%
White Potato	2.14	LOW	14%

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Physician Report: Biogenic Compounds List

This table shows grouping of reactions based on IgE, IgG and C3d in categories that are generally considered nonimmunogenic. If many reactions show up in a column, this may provide evidence to consider diets that remove foods that are high in these biogenic compounds, even those not included on this test, because the immune system has a pattern of reacting to foods in this category.

DIETARY ANTIGEN	Oxalates	Amines	Glutamate	Histamine	Lectins	Nitrite	FOD-MAP	Phenol	Salicylates
Almond		H							H
Apple							H	H	
Asparagus									
Avocado									
Banana									
Barley							H		
Blueberry	M								
Broccoli									
Cabbage									
Casein				H					
Cashew							M		
Cauliflower							H		
Celery									
Coconut						M			
Coffee									
Corn									
Grapefruit									
Kidney Bean	M			M	M		M		
Lettuce									
Mushroom									
Navy Bean	H			H	H		H		
Onion									
Orange	M								
Peach									
Peanut					M			M	
Pear									
Pineapple									
Plum		H					H		H
Shrimp				H					
Soybean	H			H			H		
Spinach									
Strawberry									
Tea	M								
Tomato									
Turkey								H	
Watermelon									
White Potato					M				
Whole Wheat	H						H		



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